



Missouri Child Psychiatry Access Project Frequently Asked Questions

What is the Missouri Child Psychiatry Access Project (MO-CPAP)?

MO-CPAP provides a same-day phone consultation with a child and adolescent psychiatrist for primary care providers (PCPs) in Missouri's Eastern region (including St. Louis City, St. Louis County, Franklin, Jefferson, Lincoln, St. Charles, and Warren counties).

What is the goal of the MO-CPAP program?

The purpose of this program is to improve outcomes of children with mild to moderate behavioral health problems in MO. This will be achieved by supporting primary care providers who provide behavioral health care for their patients.

Is there a cost to use the MO-CPAP services?

MO-CPAP is free for PCPs who enroll in the program.

Who answers the phone when I call?

Your call will be answered by masters-level behavioral health specialists in Behavioral Health Response's (BHR) call center. They will ask you a few questions to focus your request and then contact the MO-CPAP psychiatrist on call.

Who are the psychiatrists that provide the consultation?

The psychiatrists participating in the MO-CPAP are board certified in Child and Adolescent Psychiatry with a minimum of at least 5 years' experience in community and/or academic medicine. All have received training in best practices for collaborative care with PCPs.

What kind of consultation can I expect when I call?

- You can expect a return call from one of the psychiatrists within 30 minutes or a time scheduled at your convenience.
- They will address your concerns about diagnostic tests, medications, treatment plans, etc.

What hours can I call to talk with a psychiatrist?

10:00 a.m. – 6:00 p.m., Monday – Friday (excluding major holidays).

What information will I need to provide when I call?

- Age of child
- Race/ethnicity
- Gender
- Insurance coverage
- Zip code
- Foster care status
- Safety concerns (suicide/homicide risk)
- Current diagnosis
- New or follow-up consult
- Reason for call



What does MO-CPAP expect from me?

- We want your help to show that the program works. Specifically, we ask you to enroll in the program and complete an electronic PCP agreement and baseline survey.
- We also ask you to complete post-call satisfaction surveys and quarterly surveys regarding satisfaction and experience of using the service.
- We encourage you to participate in educational trainings and webinars as the topics meet your learning interests and patient care needs.

What kind of resources will I have access to for additional education?

- You will have access to the most recent best practice clinical guidelines (2018), including diagnostics and pharmacological interventions via the MO-CPAP website.
- Evidence-based screening tools and behavioral intervention options.
- Webinars or modules on a variety of behavioral health topics, with CME credits available upon completion.

How is WU PAARC involved in MO-CPAP?

WU PAARC is a collaborating partner in the project. MO-CPAP is funded by Missouri Foundation for Health.

MO-CPAP is offered through the MU School of Medicine as a collaborative partnership among Behavioral Health Network (BHN), Assessment Resource Center (ARC), Behavioral Health Response (BHR), WU PAARC, and NAMI-St. Louis, funded by Missouri Foundation for Health.

