



Frequently Asked Questions

What is the Missouri Child Psychiatry Access Project (MO-CPAP)?

MO-CPAP provides a same-day phone consultation with a child and adolescent psychiatrist for pediatric primary care providers (PCPs) in Missouri.

What is the goal of the MO-CPAP program?

The purpose of this program is to improve outcomes of children with mild to moderate behavioral health problems in our state. This is achieved by supporting primary care providers who provide behavioral health care for their patients.

Is there a cost to use the MO-CPAP services?

MO-CPAP is available at no cost for PCPs who enroll in the program.

Who answers the phone when I call?

Your call will be answered by a masters-level behavioral health specialist in Behavioral Health Response's (BHR) call center. They will ask you a few questions to focus your request and then contact the MO-CPAP psychiatrist on call.

Who are the psychiatrists that provide the consultation?

The psychiatrists participating in the MO-CPAP are board certified in Child and Adolescent Psychiatry with a minimum of at least 5 years' experience in community and/or academic medicine. All have received training in best practices for collaborative care with PCPs.

What kind of consultation can I expect when I call?

You can expect a return call from one of the psychiatrists within 30 minutes or a time scheduled at your convenience. They will address your concerns about diagnostic tests, medications, treatment plans, and more.

Call MO-CPAP: 844-538-2279

Learn more and enroll online:

medicine.missouri.edu/mo-cpap

What hours can I call to talk with a psychiatrist?

10:00 a.m. - 6:00 p.m., Monday - Friday (excluding major holidays)

What information will I need to provide when I call?

- Age of child
- Race/ethnicity
- Gender
- Insurance coverage
- Zip code
- Foster care status
- Current diagnosis
- New or follow-up consult
- Reason for call
- When your patient received their last behavioral health screening

What other services does MO-CPAP offer?

- MO-CPAP can help you connect your patients and families with other behavioral health resources in their area, like counseling, therapy, and support groups.
- The BHR call center staff can provide general referral information to you or your staff to pass on to families, or you can request that the MO-CPAP care coordinator contact a family directly and provide resources.
- The MO-CPAP care coordinator can provide short term (90 day) follow up services via telephone with families to make sure they get connected to the services they need.

What does MO-CPAP expect from me?

- We want your help to show that the program works. Specifically, we ask you to enroll in the program and complete an electronic PCP agreement and baseline survey.
- We also ask you to complete post-call satisfaction surveys and quarterly surveys regarding satisfaction and experience of using the service.
- We encourage you to participate in educational trainings and webinars as the topics meet your learning interests and patient care needs.

What resources will I have access to for additional education?

You will have access to a variety of materials via the MO-CPAP website, including:

- the most recent best practice clinical guidelines, including diagnostics and pharmacological interventions,
- evidence-based screening tools and behavioral intervention options,
- webinars or modules on a variety of behavioral health topics, with CME credits available upon completion.

How can I reach MO-CPAP staff with questions or concerns?

You can reach us via e-mail at umhpsymo-cpap@health.missouri.edu,

Executive Director:

Wendy Ell, 573-884-1341

Eastern Region Project Manager:

Kate Barbier, 314-799-5449

Central Region Project Manager:

Tiffany Clevenger, 573-882-6400

Tri-Region Project Manager:

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